Use and maintenance care of the GINGIVAMOLL® epithesis

Dear Patient,

Your new flexible gingival epithesis has many advantages. It resembles natural gingiva, is comfortable to wear and is resistant to mechanical pressure. Please read this handout carefully and follow the guidelines, particularly the maintenance care, to maximize the use of your new gingival epithesis.

1. General

Always moisten the gingival epithesis with tap water before inserting it. This helps to slide the interdental stags between the teeth. Firstly, insert the correct interdental tag into the interdental space between your two front teeth. The adjacent tags can then be fitted into place sequentially. Take the epithesis out of the mouth slowly and with care. Prior to inserting the epithesis, it is important to brush your teeth properly with toothpaste to prevent root caries from forming under your epithesis. The gingival epithesis will discolor quicker when plaque and other dental deposits accumulate on your teeth. Please note that heavy smoking and the frequent consumption of tea, coffee and wine can cause discoloration and staining of the epithesis.

The gingival epithesis is not to be used in conjunction with a woundpack, e.g. with Fluoride-Gel.

2. Cleaning

Remove the gingival epithesis after each meal and rinse it well using tap water. Rinse the gingival epitheses with water after each meal, especially after drinking fruit or vegetable juices (colouring!). Rinse also your mouth carefully with water to flush out the colouring. At least once daily the epithesis must be thoroughly cleaned. This ist best done using a liquid soap and a soft tooth-brush.

At night epithesis should possibly not be kept in the mouth. After thorough cleansing one can keep the epithesis over night in a mouth rinsing solution, e.g. ACT Anti-plaque (red coloured). Before inserting again rinse well.

The “reserve” epithesis that has not been worn in the mouth should be stored in a dry and light-protected place.

Attention: Most commercial denture cleaners cause bleaching of the epithesis after a short period of time and therefore cannot be recommended. After using Fluoride-Gel wait for approx. 1/2 hour before re-inserting.

3. Periodic Renewal

Two to three flexible gingival epithesis can be fabricated from each impression taken by the clinician. This ist normally sufficient for at least one year if the maintenance care is properly carried out. Make an appointment for a new impression when you insert your last epithesis for the first time. This can be conveniently combined with your scheduled recall appointment. New impressions are necessary to compensate for minimal changes occurring to gingiva and tooth positions which may affect the subsequent snug fit of a new epithesis.